

Fall 2020 To-Bring List

At Primitive Pursuits there is no such thing as bad weather, only bad clothing! Our programs are outside, rain or shine, and we rely on each participant coming prepared to ensure safety for everyone. Please read the list of required gear below and make a plan of how you will have these things ready before the program begins. Please be aware of the weather forecast each day of your child's program, and prepare accordingly. We reserve the right to send children home, without a refund, when they are insufficiently prepared for the day.

What to bring?

- Weather appropriate clothing. Be prepared for the most adverse conditions possible for
 each day's forecast. If your child is not a weather-dressing pro, then please pack extra,
 dry layers in a plastic bag in your child's backpack. Refer to our Weather Dressing Chart
 for more information on how to dress for all kinds of weather. Your child will have the
 option to leave bulky/heavy items in a central location if needed. Please label them.
- At least one clean face covering, as defined by the NYS Department of Health:
 "Acceptable face coverings include, but are not limited to, cloth (e.g. homemade sewn,
 quick cut, bandana), surgical masks, N95 respirators, and face shields." Your child must
 be able to put this face covering on by themselves. We strongly recommend packing at
 least one additional face covering in case the one worn to program becomes soiled or
 wet during the day.
- Snacks and lunch* in an easy to carry container (like Tupperware or a plastic bag) that can fit in a backpack. While heating food on a fire may be an option on some days, do not pack food that relies on cooking for your child to be fully nourished for the day.
- Water bottle(s) that can hold about 1 liter/32 oz.
- Small, non-breakable hot cup for drinking tea.
- **Daypack** to hold everything that fits well and is easy for them to carry. Backpacks with zippers and padded straps are best. Use extra plastic bags inside to keep things dry when precipitation is in the forecast.
- Optional Items:
 - Sunhat (recommended) and/or sunscreen to keep cool and protect your child's face from the sun.
 - Hand sanitizer (recommended)
 - Hand towel or Bandana (recommended)
 - Knifes & Tools: If your child brings a knife or any other sharp tool, purchased or homemade, then they must "check them in" with an instructor when they arrive.
 Children under 8 may not bring these items to program. To be used at program all knives must be fixed-blade and judged as appropriate for the child's use.
 - o A **Field Guide** of interest

Whenever possible, please label ALL items with your child's name (including lunch containers, face masks, water bottles, etc.). This saves time and reduces waste.



Group snacks: Bringing snack/treats for the whole group is a nice gesture. But due to present concerns of hygiene, you will need to pre-approve anything intended to be distributed. Please speak with the on-site Program Coordinator for further guidelines.

Please note that it is not necessary to purchase any of the items above as new. Check out local thrift stores and stores like Old Goat that sell lightly used outdoor gear. Ask family and friends for hand-me-downs or loaners. If you are looking for new gear, here is a list of some brands and local suppliers:

Brands <u>- L.L Bean</u>, <u>Puddlegear</u>, <u>Biddle & Bop</u>, <u>Polarn O. Pyret, The Original Muck Boot Company</u> Bogs, Kamik, REI

Local stores – Agway, Fontana's, Tractor Supply

What NOT to bring?

- No electronic devices or potentially hazardous objects (knives, for example) without checking in with an instructor.
- Cell phones are not recommended. If you must send your child with a cell phone, it must stay in the participant's bag out of sight with the ringer turned off during the program.
- Do not bring gum. Gum is a choking hazard in such an active program, and it creates litter.

If you have any questions, please feel free to call us at **607-272-2292**. We'll be happy to talk with you!

The Primitive Pursuits Team